



West River Dental

Post-Operative Instructions for Laser Therapy:

1. Avoid any husks, seeds, etc. that may become lodged between tooth and tissue. Monitor for approximately 5 days as these types of foods or injury can greatly impede healing.
2. Oral irrigation with Hydrofloss or Water Pik is recommended. Use on low-medium power in all areas treated.
3. Wait 24 hours before flossing
4. Manage any discomfort with analgesic of your choice.
5. Saline rinses may be soothing and can be used as needed.
6. Refrain from smoking for at least 6-24 hours. Smoking inhibits circulation and healing.